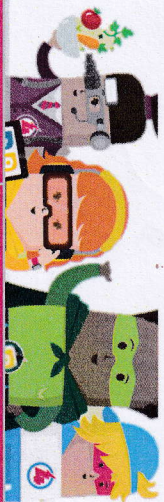




# DEBORAH ST JOHNS & JUNIOR

## SPRING SUMMER 2024



WEEK ONE		GREEN MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Main Course	Veggie Pasta Carbonara	All Day Pork Sausage Breakfast with Herby Diced Potatoes & Baked Beans	Chicken Pie with Mashed Potatoes	Chicken Curry with Mixed Rice	Fish Fingers with Chips & Tomato Ketchup						
Vegetarian Main Course	Cheese & Tomato Pizza with Baked Potato Wedges	All Day Veggie Sausage Breakfast with Herby Diced Potatoes & Baked Beans	Veggie Mince Pie with Mashed Potatoes	Macaroni Cheese	Cheese Flan with Chips & Tomato Ketchup						
Street Food	Jacket Potato with Cheese or Baked Beans	Sweet & Sour Noodles	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Baked Bean & Cheese Panini	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo						
Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese or Baked Beans						
Sandwiches	Cheese Baguette	Ham Baguette	Toasted Cheese Baguette	Egg Baguette	Tuna Baguette						
Vegetables	Broccoli, Cauliflower & Carrots & Mixed Fresh Salad	Roasted Peppers & Sweetcorn & Mixed Fresh Salad	Carrots, Broccoli & Mixed Fresh Salad	Sweetcorn, Country Mixed Vegetables & Mixed Fresh Salad	Garden Peas, Baked Beans & Mixed Fresh Salad						
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits & Fruit Slices	Iced Banana Traybake	Oat & Raisin Cookie & Fresh Watermelon Slice	Chocolate Ice Cream						
WEEK TWO		GREEN MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Main Course	Macaroni Cheese	Sausage & Mashed Potato	Roast Ham with Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta	Fish Fingers with Chips & Tomato Ketchup						
Vegetarian Main Course	Cheese & Tomato Pizza with Garlic Bread	Veggie Sausage & Mashed Potato	Veggie Mince Cottage Pie	Vegetable Enchiladas with Sunny Vegetable Rice	Cheese & Onion Puff Pastry Roll with Chips & Tomato Ketchup						
Street Food	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo						
Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo						
Sandwiches	Cheese Baguette	Tuna and Sweetcorn Wrap	Hot Sausage Sandwich	Ham Baguette	Cheese and Tomato Baguette						
Vegetables	Garden Peas, Carrots & Mixed Fresh Salad	Sweetcorn, Baked Beans, Coleslaw Salad & Mixed Fresh Salad	Cauliflower, Carrots, Peas & Mixed Fresh Salad	Broccoli, Carrots, Cauliflower & Mixed Fresh Salad	Garden Peas, Baked Beans & Mixed Fresh Salad						
Dessert	Ginger & Mandarin Traybake	Strawberry Jelly	Freshly Baked Chocolate Cookie	Flapjack Finger & Fresh Watermelon Slice	Homemade Shortbread Biscuits						
WEEK THREE		GREEN MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Main Course	Vegetable Chili & Rice (Ve)	Farm Assured Pork Sausage Roll with Baked Potato Wedges	Gently Spiced Moroccan Chicken Tagine with Summer Vegetable Rainbow Cous Cous (National Eat Them to Defeat Them Dish)	Chicken Pasta Bake	Fish Fingers with Chips & Tomato Ketchup						
Vegetarian Main Course	Cheese & Tomato Pizza with Baked Potato Wedges	Cheesy Bean Pita Pocket	Savoury Vegetable Mince with Yorkshire Pudding, Roast Potatoes & Gravy	Home Baked Vegetarian Lasagne	Cheese & Tomato Pizza Whirl with Chips & Tomato Ketchup						
Street Food	Jacket Potato with Cheese or Baked Beans	Veggie Chili & Rice	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Cheese & Tomato Melt	Jacket Potato with Cheese or Baked Beans						
Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese or Baked Beans						
Sandwiches	Cheese Baguette	Ham Baguette	Hot Roast Chicken Baguette	Tuna and Sweetcorn Baguette	Fish Finger Wrap						
Vegetables	Roasted Peppers & Sweetcorn & Mixed Fresh Salad	Country Mixed Vegetables, Baked Beans & Mixed Fresh Salad	Carrots, Garden Peas & Mixed Fresh Salad	Broccoli, Cauliflower, Carrots & Mixed Fresh Salad	Garden Peas, Baked Beans & Mixed Fresh Salad						
Dessert	Baked Apple Sponge with Custard	Tootie Fruity Jelly and Mandarins	Freshly Baked Vanilla Cookie	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack						

Vegetarian and fruit will also be available on alternate days. A selection of homemade cakes and fresh fruit available on alternate days.

WEEKS COMMENCING:  
29/04/24 : 20/05/24 : 10/06/24 : 01/07/24 :  
22/07/24 : 12/08/24 : 02/09/24 :  
23/09/24 : 14/10/24

WEEKS COMMENCING:  
22/04/24 : 13/05/24 : 03/06/24 : 24/06/24 :  
15/07/24 : 05/08/24 : 26/08/24 :  
16/09/24 : 07/10/24

WEEKS COMMENCING:  
15/04/24 : 06/05/24 : 27/05/24 : 17/06/24 :  
08/07/24 : 29/07/24 : 19/08/24 :  
09/09/24 : 30/09/24 : 21/10/24